

A TASTE OF SPRING

FRESH HERBS BRIGHTEN ANY DISH

CELEBRATE MARDI GRAS

Creole Roast Pork
Spicy Jambalaya
Crawfish and Corn Slaw
Crab and Shrimp Fritters

YOUR GUIDE TO **GOURMET** 2.26.17 - 3.11.17

EDDIESOFROLANDPARK.COM

Eddie's
OF ROLAND PARK

SPECIALS FOR THE WEEK OF

FEBRUARY 26 - MARCH 4

DAIRY

Tropicana Orange Juice 59 oz **\$3.29**
 Land O'Lakes Butter *sticks* 16 oz **\$3.99**

FROZEN

Green Giant Vegetables 9 to 10 oz box **2/\$3.00**
 Aunt Jemima French Toast or Pancakes
 12.5 to 14.8 oz **\$2.29**

GROCERY

Progresso Traditional Soups...18.5 to 19 oz **\$1.29**
 Bumble Bee Solid White Tuna5 oz **2/\$3.00**
 Green Mountain K-Cups 3.9 to 4.8 oz **\$7.99**
 Newman's Own Dressings 16 oz **\$2.99**
 Stacy's Pita Chips 7.3 oz **2/\$5.00**
 Vintage Seltzer 33.8 oz **2/\$1.00**

PRODUCE

Red Grapes *seedless* lb **\$2.79**
 Cucumbers ea **\$0.69**
 Karettes 1 lb **\$1.59**
 Peaches or Nectarines lb **\$2.99**
 Fresh Express Garden Salad 12 oz **2/\$4.00**

MEATS-EDDIE'S

USDA Whole Beef Tenderloins lb **\$12.99**
 USDA Choice Ground Chuck lb **\$4.99**
 Center-Cut Pork Chops *bone-in* lb **\$4.99**
 Perdue Chicken Breasts *boneless* lb **\$5.99**

MEATS-VICTOR'S

USDA Prime NY Strip Steaks *boneless* lb **\$23.99**
 Veal Shoulder Roast lb **\$10.99**
 Veal Grills lb **\$8.99**

SEAFOOD

Swordfish Steaks lb **\$17.99**
 Orange Roughy Filets lb **\$16.99**
 Raw Shrimp *21/25 ct* lb **\$14.99**

DELI

Boar's Head Honey Maple Turkey Breast
 lb **\$10.99**
 Stella Provolone lb **\$5.99**
 Beet and Onion Salad lb **\$3.99**



**ASH WEDNESDAY &
 FRIDAYS DURING LENT
 TUNA SANDWICHES - \$5.49**

BAKERY

Mini Muffins *varieties* 12 pk **\$5.99**
 Pumpernickel Dinner Rolls 12 pk **\$3.49**
 Swirled Brioche
cheese, chocolate or cinnamon ea **\$6.49**

CANDY & COFFEE

Breakfast Blend Coffee Beans
regular lb **\$12.99**
decaffeinated lb **\$13.49**
 Café Latte *Charles Street coffee bar only*
 16 oz **\$3.00**
 Chocolate-Covered Espresso Beans lb **\$10.99**
 Australian Licorice *strawberry or black* lb **\$5.59**

GOURMET TO GO

Chicken del Mare *chicken breast, sautéed
 and finished in a rich crawfish cream sauce*
 **\$15.99/lb**

Creole Roast Pork *freshly roasted loin of pork,
 finished in a zesty Creole sauce, with a touch of
 mustard* **\$11.99/lb**

Jambalaya *succulent shrimp, chicken and
 Andouille sausage, cooked with peppers,
 tomatoes and rice* **\$13.99/lb**

Crawfish and Corn Slaw *coleslaw, tossed with
 juicy crawfish and white corn, for that New
 Orleans jazz* **\$11.99/lb**

Crab and Shrimp Fritters *jumbo lump crab
 meat and plump shrimp, fried together in a
 Cajun corn batter* **\$9.99/lb**

Pulled Pork Mac and Cheese *Eddie's own
 pulled pork, topped with our own macaroni
 and cheese* **\$7.99/lb**

SANDWICH SPECIALS

Parisian Sandwich *chunky breast of chicken salad,
 bacon, lettuce, tomato and mayonnaise, on a
 croissant* **\$6.49**

Provence Sandwich *roasted turkey breast, Havarti,
 cucumber, tomato and mayonnaise, on a baguette*
 **\$5.99**

Eddie's Virginia Baked Ham and Cheese Sandwich
on your choice of bread, kaiser roll or baguette
 **\$5.49**

The Muffaletta Panini *julienne of cold cuts, tossed
 with olives, hot peppers and cheeses, and pressed
 into a sub roll* half **\$3.99** whole **\$7.98**

SPECIALS FOR THE WEEK OF

MARCH 5 - 11

DAIRY

Florida's Natural Orange Juice..... 59 oz **\$3.29**
 Chobani Greek Yogurt..... 5.3 oz **\$0.99**

FROZEN

Eggo Waffles..... 8.4 to 12.3 oz **2/\$5.00**
 Gifford's Ice Cream..... 32 oz **\$3.59**

GROCERY

San Giorgio Pasta..... 16 oz **\$0.99**
 Prego Pasta Sauce..... 24 oz **2/\$4.00**
 Healthy Choice Soups..... 15 oz **\$1.09**
 Kellogg's Frosted Mini Wheats
 15.2 to 18 oz **\$2.99**
 Progresso Vegetable Classics Soups
 18.5 to 19 oz **2/\$3.00**
 Vintage Seltzer..... 12 pk/144 oz **3/\$10.00**

PRODUCE

Grape Tomatoes..... pint **\$1.99**
 Green Squash..... lb **\$1.89**
 Pink Lady Apples..... lb **\$1.79**
 Green Cabbage..... lb **\$0.59**
 Red Potatoes *bulk*..... lb **\$0.99**

MEATS-EDDIE'S

USDA Choice NY Strip Steaks *boneless*... lb **\$14.99**
 Bell & Evans Chicken Breasts *bone-in*.....lb **\$4.99**
 Meatballs or Meatloaf *store-made*..... lb **\$5.99**
 Pork Baby Back Ribs..... lb **\$6.59**

MEATS-VICTOR'S

USDA Prime London Broil..... lb **\$7.99**
 Veal Osso Buco..... lb **\$15.99**
 D'Artagnan Chicken Breasts *boneless*..... lb **\$10.99**

SEAFOOD

Salmon Filets..... lb **\$14.99**
 Raw Shrimp 16/20 ct
peeled and deveined..... lb **\$18.99**
 Red Snapper Filets..... lb **\$16.99**

Enjoy Our
**IRISH SODA
 BREAD**

DELI

Eddie's Rare Roast Beef..... lb **\$13.99**
 Boar's Head Black Wax Cheddar..... lb **\$9.99**
 Eddie's Coleslaw..... lb **\$2.99**

BAKERY

Irish Soda Bread *back for a limited time;*
perfect with corned beef & cabbage..... ea **\$2.99**
 Guinness Bundt Cake..... ea **\$7.99**
 Club Rolls..... 6 pk **\$3.49**

CANDY & COFFEE

Rainforest Crunch Coffee Beans
regular..... lb **\$12.99**
decaffeinated..... 8 oz **\$6.99**
 Americano
Charles Street coffee bar only..... 16 oz **\$2.00**
 Holland Mints..... lb **\$11.99**
 Naron Chocolate Break-Up
milk or dark chocolate..... lb **\$15.99**

**GOURMET
 TO-GO**

Chicken Francaise *tender chicken breast,*
lightly battered and sautéed, and finished
in a lemon wine sauce..... **\$11.99/lb**

Blackened Salmon Creole *salmon filet,*
boldly coated with spices, pan-seared to
perfection, and topped with a silky Creole
cream sauce..... **\$18.99/lb**

Bourbon Meatloaf *Eddie's famous*
meatloaf, baked in a sweet and tangy
bourbon glaze..... **\$8.99/lb**

Savory Wild Rice Salad *wild rice, tossed*
with roasted carrots and onions, and finished
with Romano cheese and zesty red wine
vinaigrette..... **\$6.99/lb**

Grilled Vegetables *green and yellow squash,*
with tricolor peppers and onions, grilled and
topped with roasted garlic..... **\$8.99/lb**

Fried Buttermilk Chicken Salad *buttermilk-*
marinated chicken, fried and tossed with a
spicy ranch dressing..... **\$9.99/lb**

SANDWICH SPECIALS

Gilman Sandwich *turkey breast, bacon, lettuce*
and tomato, with peppercorn mayonnaise, on
ciabatta..... **\$6.49**

Poly School Sandwich *Eddie's tuna salad,*
cheddar, tomato and honey mustard, on an
English muffin..... **\$5.99**

Notre Dame Prep Blazer Chicken Wrap *Blazing*
Buffalo chicken breast, celery, lettuce, hot sauce
and blue cheese dressing, in a wrap..... **\$5.99**

The Northerner Panini *pastrami, Swiss, tomato and*
coleslaw, on pumpernickel
 half **\$3.99** whole **\$7.98**

HOW TO MAKE

GREEK-STYLE SWORDFISH WITH HERB SAUCE

INGREDIENTS

2 swordfish steaks, each about 6 oz.,
1 inch thick
2 t. + 1 t. olive oil, divided
Coarse kosher salt
Fresh ground pepper
1 lemon, cut in half

Sauce

2 cloves garlic, minced
Zest and juice of 1 lemon
½ c. extra virgin olive oil
½ c. fresh parsley, chopped
2 T. fresh oregano, chopped
¼ c. fresh thyme, chopped
1 t. fresh mint, chopped
½ t. coarse kosher salt
¼ c. Kalamata olives, pitted and
chopped, optional

EDDIE'S TIP

Try this lemon herb
sauce on a whole roasted
rockfish or snapper.

PREP TIME: 10 Minutes **COOK TIME:** 18 Minutes **SERVES:** 2 People

A simple recipe that is full of fresh, herbal flavors.

TO PREPARE

Heat oven to 400°. Season swordfish steaks with salt, pepper and 2 t. olive oil. Heat skillet or grill pan over medium-high heat. Add 1 t. olive oil. Add swordfish to pan and sear for about 3 minutes on each side.

Sear lemon halves in pan, cut side down, for about 2 minutes, just to form grill marks and browning on the cut surface of each half. Set lemons aside. Transfer fish to sheet pan and roast in the oven for about 10 minutes until opaque.

Meanwhile, prepare sauce by whisking all ingredients together in a medium bowl. Add olives, if desired.

TO SERVE

Spoon lemon herb sauce over each swordfish steak. Garnish with a grilled lemon half.

Pair with San Vincenzo Anselmi.



"WINE IS BOTTLED POETRY."

— ROBERT LOUIS STEVENSON —

FEATURED TASTINGS

MAR. 4
BORDEAUX

MAR. 11
NORTHERN
COTE DE BEAUNE

Join us for a year-long wine tasting tour of France. Every Saturday, we will explore the finest wines available, one region at a time.

CHEESE & CHARCUTERIE

2/26 - 3/4

Neal's Yard Dairy Stilton Blue with rich, complex flavors and piquant finish	\$24.99/lb
Saint Andre a triple cream cheese featuring a silky, rich and buttery interior	\$18.99/lb
Cotswold a double Gloucester, with chives and onions	\$17.99/lb
Laura Chenel's Chevre Logs fresh, soft and spreadable goat's milk cheese	8 oz \$7.99/ea

3/5 - 3/11

Point Reyes Blue Californian cheese, with a clean and tangy taste; perfect for those who prefer a milder blue	\$21.49/lb
Kerrygold Irish Dubliner elements of mature cheddar; sweet, nutty tones of Swiss, and the piquant bite of aged Parmesan	\$12.49/lb
Kerrygold Aged Cheddar with Irish whiskey	\$18.99/lb
Bucheron aged goat cheese, with a mild flavor; good for salads or snacking.....	\$15.49/lb

IN-STORE TASTINGS

BOOK SIGNING

Sip some wine and chat with local author B.A. Smith about her newest novel, "Baltimore Vengeance: A Robin Crane Mystery."

FRI 3/3 4 - 6:30 PM ROLAND AVENUE

MOTIVE PURE

Promotes electrolyte hydration to maintain health and wellness. Sample these zero calorie flavors.

SAT 3/4 11 - 2 PM ROLAND AVENUE
SAT 3/4 3 - 6 PM NORTH CHARLES STREET

BRING HOME THE GOLD

Taste Kerrygold Aged Cheddar and Dubliner cheeses.

SAT 3/4 11 - 3 PM ROLAND AVENUE
SUN 3/5 11 - 3 PM NORTH CHARLES STREET

GRAB A GUNDALOW

Enjoy these local, cold-pressed juices.

SUN 3/5 11 - 2 PM NORTH CHARLES STREET

IRISH FAVORITES

Sample Irish soda bread and more.

SAT 3/11 11 - 3 PM ROLAND AVENUE
SUN 3/12 11 - 3 PM NORTH CHARLES STREET

NORTH CHARLES STREET

P: 410-377-8040 F: 410-377-9144
6213 N. Charles Street, Baltimore MD 21212
Mon-Sat 7-8, Sun 8-7

ROLAND AVENUE

P: 410-323-3656 F: 410-323-5492
5113 Roland Avenue, Baltimore MD 21210
Mon-Sat 8-7, Sun 8-6

Facebook.com/Eddiesofrolandpark

Not responsible for typographical errors. We reserve the right to limit quantities. Prices subject to change. Pictures are for representation only. B. Co. Catering I.D. #0112 Baltimore City Catering I.D. #010768

For information on product specials, in-store tasting events, delicious recipes and more, sign up for Eddie's e-newsletter at eddiesofrolandpark.com.

Eddie's
OF ROLAND PARK



Personal Shopping and Delivery Available.