CELEBRATING SEAFOOD

DON’T SKIMP ON THE SHRIMP

FRESH SEAFOOD SPECIALS
Raw Shrimp 21/25 ct $14.99/lb
Salmon Filets $12.99/lb
Cod Filets $9.99/lb
Flounder Filets $13.99/lb

YOUR GUIDE TO GOURMET 9.14.14–9.27.14
SPECIALS FOR THE WEEK OF SEPTEMBER 14 - 20

DAIRY
Tropicana Pure Premium Orange Juice .................................................. 89 oz $5.49
Dannon Yogurt singles ................................................................. 6 oz 2/$1.00

FROZEN
Gifford’s Ice Cream ................................................................. 32 oz $3.99
Seabrook Creamed Spinach .................................................... 9 oz $1.19

GROCERY
Ocean Spray 100% Juice ....................................................... 60 oz 2/$4.00
Campbell’s Soup
  Tomato or Chicken Noodle .................................................. 10.75 oz can $0.88
Cheerios ................................................................. 9 to 13.1 oz 2/$5.00
Kind Bars ................................................................. 1.4 oz $1.69
Pirate’s Booty Snacks .......................................................... 4 to 4.5 oz $2/$5.00
Stove Top Stufing Mix .......................................................... 6 oz $1.59

PRODUCE
Red Grapes seedless ...................................................... lb $2.79
Fresh Express Garden Salad ................................................ 12 oz 2/$4.00
Yukon Gold Potatoes bulk ................................................ lb $0.99
Green Beans ................................................................. lb $1.49
Brussels Sprouts jumbo ................................................ lb $1.99
Green Cabbage ................................................................. lb $0.45

MEATS-VICTOR’S
USDA Prime Sirloin Steaks
  boneless ................................................................................ lb $10.99
Lamb Patties ................................................................. lb $7.99

SEAFOOD
Raw Shrimp 21/25 ct ................................................................. lb $14.99
Salmon Filets ................................................................. lb $12.99
Bacon-Wrapped Scallops store-made ........................................ lb $16.99

DELI
Boar’s Head Honey Maple Turkey ............................................. lb $9.99
Stella Smoked Provolone .................................................. lb $5.99
Eddie’s Coleslaw ................................................................. lb $1.99

BAKERY
Cake Donuts pumpkin or apple crisp .................................. ea $0.50
Pumpkin Pies 6" back for the season ............................................ ea $4.99
Cheesecake Sampler 8" sold in our freezer aisle ................. ea $13.99

CANDY & COFFEE
Black Raven Coffee Beans
  regular ................................................................................. 8 oz $5.99
  decaffeinated ................................................................. 8 oz $6.49
Chocolate Covered Pretzels .................................................. lb $13.99
Licorice Wheels red or black ................................................ lb $3.99

SANDWICH SPECIALS
Eddie’s Chicken Salad Sandwich on your choice of bread, kaiser roll or baguette ........................................ $4.99
Italian Cold Cut Sandwich prosciuttini, hard salami, pepperoni and provolone, with lettuce, tomato, onion, hots and Italian dressing, on a baguette ........................................ $4.99
Veggie Wrap cucumber, carrots, tomato and green leaf lettuce, with blue cheese spread, in a wrap ........................................ $4.99
The Canterbury Panini roast beef, Swiss, sautéed mushrooms and onions, on a French roll ........................................ half $2.99 whole $5.98

EDDIESOFROLANDPARK.COM
SPECIALS FOR THE WEEK OF

September 21 - 27

DAIRY
Tropicana Orange Juice .................................. 59 oz $3.39
Cabot Cheese Bars ..................................... 8 oz 2/$5.00

FROZEN
Birds Eye Vegetables
poly bag or Steamfresh .............. 10 to 14.4 oz $1.49
Eggo Waffles ......................................... 8.5 to 12.3 oz 2/$5.00

GROCERY
Barilla Pasta ......................................... 12 to 16 oz $1.19
Dunkin' Donuts Coffee ..................... 11 to 12 oz $6.99
Vintage Seltzer ...................................... 1 liter 2/$1.00
College Inn Broth ......................... 14.5 oz $0.79
Bob's Red Mill Steel Cut Oats .......... 24 oz $2.99
Think Thin Bars .................................... 1.41 to 2.1 oz $1.99

PRODUCE
Baby Karettes ...................................... 1 lb $1.69
Spinach cello .................................... 10 oz 2/$5.00
Acorn or Butternut Squash ............... lb $0.99
White Grapes seedless ................. lb $2.79
Green Peppers jumbo ......................... lb $1.29
Celery cello ........................................ ea $1.99

MEATS-VICTOR’S
USDA Prime Tenderloins whole or half ...... lb $22.99
Leg of Lamb whole or half ............... lb $8.99

MEATS-EDDIE’S
USDA Choice Ground Round ............... lb $5.59
Herb-Crusted Pork Chops boneless 
store-made ................................... lb $5.99
Eddie's Stuffed Chicken Breasts ........ lb $4.59
Perdue Chicken Breasts bone-in ........ lb $3.29

SEAFOOD
Shrimp Kabobs store-made ............... ea $10.99
Cod Filets ......................................... lb $9.99
Flounder Filets .................................... lb $13.99

DELI
Boar's Head Honey Maple Ham .......... lb $9.99
Cooper Sharp Cheese yellow or white .... lb $6.99
Eddie's Macaroni Salad .................... lb $1.99

BAKERY
Grandma's of New England Coffee Cake 
varieties, sold in our freezer aisle .......... ea $13.99
La Brea Three-Cheese Semolina Loaf ...... ea $4.99
My Dad's Gluten-Free Cookies 
varieties ................................................. 6 oz $7.99

CANDY & COFFEE
Mount Vernon Coffee Beans 
regular .......................................................... lb $11.49
decaffeinated ........................................ 8 oz $6.49
Raspberry Cordials ................................. lb $7.99
Starlight Mints ....................................... lb $2.99

SANDWICH SPECIALS
Eddie's Tuna Salad Sandwich on your choice of 
bread, kaiser roll or baguette ............ $4.99
Boys' Latin Sandwich bacon, lettuce, tomato and 
mayonnaise, on your choice of bread, kaiser roll 
or baguette ............................................ $4.99
The Waldorf School Sandwich marinated roasted 
vegetables and fresh mozzarella, with basil pesto, 
on focaccia ............................................. $4.99
The End of Summer Panini turkey breast, Swiss, 
bacon, tomato and Dijon mustard, on country 
bread ............................................... half $2.99 whole $5.98

LASAGNA our daily selection includes 
traditional ground beef, three-cheese or 
spinach and roasted pepper .................. $7.99/lb

Atlantic Salmon Filets grilled or 
poached; cucumber dill sauce available 
on the side ........................................ $18.99/lb

Glazed Pork Loin with seasoned 
sauerkraut ............................................ $11.99/lb

Smashed Potatoes Yukon Gold potatoes, 
mashed with bacon, blue cheese, 
sour cream and scallions .................. $5.99/lb

Brussels Sprouts simply prepared, with 
butter, salt and pepper ......................... $6.99/lb

Macaroni and Cheese 
available in our Grab'n Go case ............ $5.49/lb

Fall flowers are here!
GOOD WINE IS A NECESSITY OF LIFE.

— Thomas Jefferson

LIFT YOUR SPIRITS, WINES & BEERS

RED WINE

Bogle Cabernet Sauvignon
  California ........................................... 750 ml $10.99
Byron Pinot Noir California ............... 750 ml $14.99
Estampa Reserve Syrah Chile ............... 750 ml $10.99
Guillermo Malbec (kosher)
  Argentina ........................................... 750 ml $7.99
Montebuena Rioja Spain .................... 750 ml $8.99

BEER

New Belgium Ranger IPA
  .................................................. 6 pk/12 oz cans or bottles $8.99
Anchor Brewing all types
  .................................................. 6 pk/12 oz bottles $8.99

WHITE WINE

Baron Herzog Chardonnay (kosher)
  California ........................................... 750 ml $11.99
Hugl Gruner Veltliner Austria ............. 1 L $9.99
Chateau La Tour de Beraud Blanc
  France .............................................. 750 ml $9.99
Iona Sauvignon Blanc
  South Africa ..................................... 750 ml $11.99
Jermann Pinot Grigio Italy ................. 750 ml $22.99

LIQUOR

Wodka Vodka ....................................... 1.75 L $18.99
Dewar’s White Label Scotch ............... 1.75 L $29.99

CHEESE & CHARCUTERIE

9/14 - 9/20

Italian Blue Gorgonzola Mountain
  classic sharp Italian blue cheese .......... $17.99/lb
Edam Balls Holland cheese with a sweet,
  nutty flavor and supple texture .......... $10.99/lb
Heini’s All-Natural Yogurt Cheese
  low-sodium, 100% Amish farm milk .... 8 oz $4.99/ea
Montchevre Goat Logs plain
  fresh, soft and spreadable goat’s milk cheese ................. 4 oz $3.49/ea

9/21 - 9/27

Tribe All-Natural Hummus
  all varieties .................................... 8 oz $2.99/ea
Tillamook Kosher Cheddar .................. 8 oz $4.99/ea
Stilton with Mango and Ginger dried mango and aromatic ginger pieces add their delicate flavors
to this English White Stilton .................. $18.49/lb
Alouette Crème de Brie gourmet spreadable cheese, made with all-natural Brie, but without
  the rind ........................................... 5 oz $5.49/ea

EDDIESOFROLANDPARK.COM
HOW TO MAKE

OVEN BAKED SHRIMP SCAMPI

PREP TIME 20 minutes
GRILL TIME 12 minutes
SERVES 4

WHAT YOU’LL NEED

1 ½ lbs. extra-large shrimp, 16-20 count, peeled, deveined and butterflied, with tails on
2 T. extra virgin olive oil
1 T. white wine or dry vermouth
1 t. coarse kosher salt
½ t. fresh ground black pepper
1 stick unsalted butter, softened
1 T. fresh garlic, minced
1 shallot, minced
1 T. flat leaf parsley, chopped
1 T. fresh oregano, chopped
¼ t. crushed red pepper flakes
¼ c. panko bread crumbs
Zest and juice of 1 lemon
1 lemon cut in half

TO PREPARE

Preheat oven to 425°. In a large bowl, combine shrimp with olive oil, wine, salt and pepper. Allow to marinate for 15 minutes.

In the meantime, prepare the butter topping for the shrimp. In a medium bowl, mix together butter, garlic, shallot, parsley, oregano, red pepper flakes, zest and juice of lemon, and panko bread crumbs.

Place shrimp in a shallow, oven-proof casserole dish in one layer, with tails facing up. Pour marinade over shrimp. Dot the shrimp with the prepared butter mixture.

Bake in the top third of the oven for 12 minutes, so that the topping will brown and the shrimp will become opaque. Remove from oven, squeeze fresh lemon juice on top and serve.

Great with angel hair pasta or steamed broccoli rabe on the side.

Pair with Morgan Sauvignon Blanc.

IN-STORE TASTINGS

TASTING TRADITION
Sample a few specialties from our Rosh Hashanah menu.

SUN 9/14 11 - 3 PM
NORTH CHARLES STREET

LOVE THAT LAHVOSH
Sample the original Armenian cracker bread with dips and tapenades, and see how this makes a dynamic presentation for your table.

TUE 9/16 4 - 6 PM
ROLAND AVENUE

WED 9/17 4 - 6 PM
NORTH CHARLES STREET

Roland Avenue
P: 410-323-3656     F: 410-323-5492
5113 Roland Avenue, Baltimore MD 21210
Mon-Sat 8-7, Sun 9-6

North Charles Street
6213 N. Charles Street, Baltimore MD 21212
Mon-Sat 8-8, Sun 9-7

Facebook.com/Eddiesofrolandpark

Not responsible for typographical errors. We reserve the right to limit quantities. Prices subject to change. Pictures are for representation only. B. Co. Catering I.D. #0112
Baltimore City Catering I.D. #010768

For information on product specials, in-store tasting events, delicious recipes and more, sign up for Eddie’s e-newsletter at eddiesofrolandpark.com.