

LIGHT AND FRESH COOL OFF WITH SUMMER SALADS

BEAT THE HEAT WITH SALADS

Make Your Own at Our Salad Bar
Choose Fresh Greens in Produce
Add Whole Grains for Variety
Find Prepared Salads in Grab'n Go

YOUR GUIDE TO

GOURMET 7.30.17 - 8.12.17

EDDIESOFROLANDPARK.COM

Eddie's
OF ROLAND PARK

SPECIALS FOR THE WEEK OF

JULY 30 - AUGUST 5

DAIRY

Tropicana Orange Juice59 oz **\$3.49**
 Organic Valley Grass-Fed Milk64 oz **\$4.99**

FROZEN

Talenti Gelato or Sorbet16 oz **\$3.99**
 Gifford's Ice Cream32 oz **\$4.99**
 Hanover Vegetables
gold or silver line 12 to 14 oz **\$1.99**

GROCERY

Arizona Iced Tea 12 pk **\$4.99**
 Braswell's BBQ Sauce13.5 oz **\$4.49**
 M&M's Candy *pouches*8 to 10.7 oz **\$2.99**
 Kingsford Charcoal
Original or Matchlight11.6 to 15.4 lb **\$9.99**
 Uncle Ben's Ready Rice8.5 to 8.8 oz **\$1.99**
 California Olive Ranch Olive Oil 16.9 oz **\$5.99**

PRODUCE

Blueberriespint **\$3.99**
 Lemonsbag **\$4.99**
 Mushrooms *whole or sliced* 8 oz **2/\$4.00**
 Belgian Endivelb **\$2.99**
 Green Beans lb **\$1.79**

MEATS-EDDIE'S

USDA Choice Rib Eye Steaks *boneless*... lb **\$16.99**
 USDA Choice Ground Roundlb **\$5.99**
 Bell & Evans Chicken Breasts *boneless*...lb **\$7.99**
 Italian Sausage *sweet or hot*lb **\$4.99**

MEATS-VICTOR'S

USDA Prime NY Strip Steaks *boneless*.. lb **\$26.99**
 Pork Tenderloins lb **\$6.99**



SEAFOOD

Raw Shrimp 16/20 ct lb **\$17.99**
 Swordfish Steaks lb **\$17.99**
 Red Tilapia Filets lb **\$8.99**

DELI

Boar's Head Honey Maple Turkey Breast
 lb **\$11.99**
 Land O'Lakes American *yellow or white*....lb **\$6.99**
 Egg Potato Saladlb **\$2.99**

BAKERY

Mini Cupcakes12 pk **\$5.99**
 Eddie's Italian Bread ea **\$2.99**
 Angel Food Cake ea **\$4.99**

CANDY & COFFEE

Federal Hill Blend Coffee Beans
regular lb **\$13.49**
decaffeinated lb **\$13.99**
 Caramel Latte
Charles Street coffee bar only 16 oz **\$3.50**
 Chocolate Toffee Almondslb **\$10.99**
 GoLightly Hard Candy *assorted* lb **\$3.99**

GOURMET TO-GO

Chicken Caesar Salad *boneless chicken breast with snow pea pods, tricolor peppers and croutons* **\$11.99/lb**

Barbecued Short Ribs *boneless short ribs, braised for hours and glazed with a tangy barbecue sauce* **\$15.99/lb**

Shrimp and Crab Cake *Eddie's famous crab cake, mixed with steamed gulf shrimp* **\$11.99/ea**

Red Bliss Potato Salad *red potatoes, steamed and tossed with Eddie's own dressing, with a touch of crisp bacon* **\$5.99/lb**

Broccolini with Garlic *freshly steamed broccolini, sautéed with garlic and oil* **\$11.99/lb**

Macaroni and Cheese *an Eddie's fan favorite* **\$5.49/lb**

SANDWICH SPECIALS

Baltimore Sandwich *Eddie's rare roast beef, Muenster, lettuce, tomato, onion and honey mustard, on a kaiser roll* **\$6.49**

Roland Park Public School Wrap *chicken salad, bacon, lettuce, tomato and mild salsa cheese spread, in a wrap* **\$6.49**

Park Powerhouse Sandwich *Muenster, cucumber, lettuce and tomato, with Dijon mustard, on multigrain bread* **\$4.99**

The Crispy Cloak Panini *corned beef, Swiss and coleslaw, on rye* half **\$3.99** whole **\$7.98**

SPECIALS FOR THE WEEK OF

AUGUST 6 - 12

DAIRY

Florida's Natural Orange Juice..... 59 oz **2/\$6.00**
 Noosa Yoghurt..... 8 oz **\$1.99**

FROZEN

Birds Eye Vegetables
Steamfresh 10 to 16 oz **\$1.49**
 Halo Top Ice Cream..... 16 oz **\$4.49**

GROCERY

Jif Peanut Butter..... 16 oz **\$2.49**
 Kashi Cereal..... 9.5 to 16.3 oz **\$3.99**
 San Pellegrino..... 6 pk **\$4.99**
 Maxwell House Coffee..... 10.5 to 11.5 oz **\$3.99**
 Quaker Rice Cakes..... 4.47 to 7.23 oz **\$1.99**
 Old El Paso Dinner Kits..... 8.8 to 14 oz **2/\$5.00**

PRODUCE

Cantaloupes..... ea **\$3.49**
LOCAL White Corn.....ears **6/\$4.50**
 Romaine Hearts..... ea **\$3.49**
LOCAL Peaches..... lb **\$1.99**
LOCAL Tomatoes..... lb **\$1.89**

MEATS-EDDIE'S

USDA Choice Porterhouse Steaks..... lb **\$13.99**
 USDA Choice Sirloin Patties
fresh, store-made.....lb **\$6.99**
 Center-Cut Pork Chops *boneless*.....lb **\$5.99**
 Perdue Chicken Breasts *bone-in*.....lb **\$3.99**

MEATS-VICTOR'S

USDA Prime Sirloin Steaks *boneless*..... lb **\$8.99**
 Pork Chops
bone-in, French-style or thick cut..... lb **\$5.59**

SEAFOOD

Rockfish Filetslb **\$21.99**
 Sea Scallops
wrapped with bacon, store-made..... lb **\$19.99**
 Salmon Filetslb **\$14.99**

DELI

Eddie's Virginia Baked Ham lb **\$6.99**
 McCadam Muenster..... lb **\$6.99**
 Beet and Onion Salad..... lb **\$3.99**



TREAT YOURSELF
 TO FRESH
 ROCKFISH

BAKERY

Pineapple Upside-Down Cake 8"..... ea **\$8.99**
 Pull-Apart Olive or Garlic Bread
by Tribeca Oven..... ea **\$3.99**
 Perla Puff Pastry.....ea **\$1.69**

CANDY & COFFEE

Cinnamon Sticky Bun Coffee Beans
regular lb **\$13.49**
decaffeinated..... 8 oz **\$6.99**
 Mocha Cappuccino
Charles Street coffee bar only..... 16 oz **\$3.50**
 Chocolate-Covered Espresso Beans.....lb **\$10.99**
 Mini Fruit Slices..... lb **\$3.99**

GOURMET TO GO

Jerk Chicken *boneless chicken thighs, boldly seasoned with house-made jerk spices, and grilled to perfection*..... **\$11.99/lb**

Barbecued Ribs *baby back pork ribs, braised for hours and glazed with Eddie's own sweet and tangy barbecue sauce*..... **\$10.99/lb**

Beer-Battered Shrimp *gulf shrimp, delicately fried in a Natty Boh batter*..... **\$22.99/lb**

Roasted Potatoes *Yukon Golds, seasoned with fresh garlic and rosemary, and roasted to perfection* **\$6.99/lb**

Greek Pasta Salad *tricolor rotini, tossed with Kalamata olives, pepperoncini, feta and red onion, in a zesty red wine vinaigrette* **\$6.99/lb**

Heirloom Tomato and Cucumber Salad *native heirlooms, with fresh cucumbers and tricolor peppers, tossed in a sweet and tangy dressing*..... **\$8.99/lb**

SANDWICH SPECIALS

Turkey Club Sandwich *roasted turkey breast, bacon, Swiss, lettuce, tomato and mayonnaise, on your choice of bread*..... **\$6.99**

Corned Beef or Pastrami Sandwich *on your choice of bread, kaiser roll or baguette*..... **\$5.49**

Egg Salad BLT Wrap *Eddie's egg salad, bacon, lettuce and tomato, with cream cheese spread, in a wrap* **\$6.49**

The Buckingham Panini *Eddie's rare roast beef, Swiss, onion, tomato and horseradish sauce, on country bread* half **\$3.99** whole **\$7.98**

“WINE IS BOTTLED POETRY.”

– ROBERT LOUIS STEVENSON –

FEATURED TASTINGS

**AUGUST 5
BORDEAUX**

**AUGUST 12
BORDEAUX**

Join us for a year-long wine tasting tour of France. Every Saturday, we will explore the finest wines available, one region at a time.

CHEESE & CHARCUTERIE

7/30 - 8/5

- Buttermilk Blue** award-winning cheese, perfect for cooking, crumbling or eating out of hand..... **\$14.99**/lb
- French Port Salut** mild, savory flavor, perfect with any fruit..... **\$14.99**/lb
- Old Quebec Canadian Cheddar** this super-sharp, 3-year aged vintage cheddar has a full, firm, nutty flavor..... **\$19.99**/lb
- Alouette Crumbled Feta** delicious in salads..... 4 oz **\$3.49**/ea

8/6 - 8/12

- Tribe All-Natural Hummus** all varieties..... 10 oz **\$4.49**/ea
- BelGioioso Fresh Mozzarella**..... 8 oz **\$4.49**/ea
- McCadam Extra Sharp Cheddar** rich flavor with a smooth after-taste..... **\$9.49**/lb
- Mt. Vikos Barrel-Aged Feta Cheese Portions** sheep's and goat's milk blend..... 6 oz **\$7.49**/ea

IN-STORE TASTINGS

NEW SNACKS FOR SUMMER

Perfect for poolside entertaining.

SUN 7/30 11 - 3 PM NORTH CHARLES STREET

HUCKLES HOT SAUCE

Be among the first to try their new “Honion” flavor.

SAT 8/5 11 - 2 PM ROLAND AVENUE
SUN 8/6 11 - 2 PM NORTH CHARLES STREET

NORTH CHARLES STREET

P: 410-377-8040 F: 410-377-9144
6213 N. Charles Street, Baltimore MD 21212
Mon-Sat 7-8, Sun 8-7

ROLAND AVENUE

P: 410-323-3656 F: 410-323-5492
5113 Roland Avenue, Baltimore MD 21210
Mon-Sat 8-7, Sun 8-6

Facebook.com/Eddiesofrolandpark

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For information on product specials, in-store tasting events, delicious recipes and more, sign up for Eddie's e-newsletter at eddieofrolandpark.com.

Eddie's
ROLAND PARK



Personal Shopping and Delivery Available.

HOW TO MAKE CHEF TOM'S SPINACH SALAD

INGREDIENTS

1 apple of your choice, peeled, cored and sliced
1 lb. bag of fresh spinach
2 oz. blue cheese, crumbled
2 oz. walnuts, toasted
1 rotisserie chicken
Your favorite dressing

EDDIE'S TIP

Add crispy, cooked bacon to the salad to complement the blue cheese and chicken. Try tossing with Eddie's Balsamic Vinaigrette.

PREP TIME: 15 Minutes **COOK TIME:** 0 Minutes **SERVES:** 4 People

Five ingredients, one delicious main dish salad.

TO PREPARE

Pull chicken off the bone and cut into bite-size pieces. Transfer to a large bowl. Add fresh spinach, apple, blue cheese and walnuts. Toss with your favorite dressing.

TO SERVE

Serve on a large platter with extra dressing on the side.

Pair with Millstone Artisanal Cider.

