



**SHRIMP ÉTOUFFÉE**

## GOURMET-TO-GO

### Shrimp Étouffée

a Louisiana treat! large gulf shrimp smothered with yellow onion, green bell pepper, celery, garlic, tomatoes, and cajun seasoning..... **\$15.99 lb**

### Buttermilk Fried Chicken Tenders

golden fried buttermilk-marinated boneless chicken tenders - served with our house-made honey mustard dipping sauce ..... **\$13.99 lb**

### Broccoli Salad

a house classic - chopped broccoli, red onion, mozzarella and bacon, in a creamy dressing.... **\$6.99 lb**

### Whiskey Brown Sugar Salmon

salmon roasted to perfection in an irish whiskey brown sugar glaze..... **\$22.99 lb**

## MEAT & SEAFOOD

### USDA Prime

#### Boneless Sirloin Steak

Roland Ave location ONLY..... **\$13.99 lb**

#### Tuna Steak

previously frozen ..... **\$14.99 lb**

### USDA Choice

#### Tenderloin Steak

..... **\$39.99 lb**

### Perdue Boneless

#### Chicken Thighs

..... **\$4.99 lb**

## PRODUCE

### Blueberries

16 oz container..... **\$4.99 ea**

### Cara Cara Navel Oranges

..... **\$1.49 ea**

### Celery

..... **\$1.99 ea**

### Organic Romaine Hearts

..... **\$4.99 ea**

## GROCERY

### Utz Pretzels

7.5-16 oz, all varieties..... **\$2.99 ea**

### Martin's Swirl Breads

16 oz, all varieties..... **\$3.49 ea**

### Martin's Sweet Party Rolls

7.5 oz, **BUY 1 GET 1 FREE** ..... **\$2.79 ea**

### Starbucks K-Cup Coffee

10 ct, all varieties ..... **\$7.99 ea**

### Tillamook Ice Cream

48 oz, all varieties ..... **\$6.99 ea**

### Siggi's Icelandic Yogurt

4-5.3 oz, all varieties ..... **\$1.29 ea**

## DELI

### Italian Cold Cut

prosciuttini, hard salami, pepperoni and provolone, with lettuce, tomato, onion, hots and italian dressing, on a sub roll ..... **\$6.99 ea**

### Powerhouse Sandwich

muenster, lettuce, tomato, microgreens and spicy brown mustard, on multigrain..... **\$5.99 ea**



**POWERHOUSE SANDWICH**